

It only takes 90 DAYS to change your life forever!

We are not asking anyone to run a 26-mile marathon. This is a sprint for only 90 feet! Just like a plane exerts much of its energy getting off the ground, once in the sky in cruising altitude... It can just cruise. By concentrating your efforts with a focus on urgency for just 90 consecutive days, the momentum you will build up can propel your business for years to come. This is your 90-day launch.

Wherever your business is, from brand new to already earning six-figures with LegalShieldSM, this is your opportunity to participate in a new wave of growth called critical mass. You will want to focus on increasing your activity to maximum performance levels. And it will be fun and easier to do knowing that 10,000's of Associates will all be sprinting with you in unison!

1. Decide on goals that you are aiming for, ones that will motivate you day and night.
2. Share these goals with your family, conveying what is in it for them too. This will garner you their support.
3. Get out your calendar and plan out the next 3 months. Put in the big rocks first, like the Super Saturdays, briefings, trainings, conference call, etc. Then start loading in as many smaller rocks as you can fit in (PBRs, PCCs, sit downs, call sessions, etc). Block out your LegalShieldSM time so that your time is protected and maximized.
4. Choose a workout partner in LegalShieldSM, someone who will push you, uplift you, and hold you accountable to your goals. And you will be the same for them. Together you will go much farther and have more fun than running alone.
5. Break down your goals into specific activities you deem necessary to accomplish them. Use the attached tracking sheet to track your activity and progress daily.
6. Read, listen to or watch something motivational every day to keep your energy and momentum.
7. Celebrate every success along the way. This should be 90 days of constant celebration. Every membership, new associate, or advancement is moving towards your goals and freedom.

Success is rooted in habits. Activity done consistently for 90 days becomes habitual. You are programming yourself for lasting success. Remember that success is not found in convenience. There will be many temptations during these 90 days to skip an activity, a briefing, a conference call, a follow up. You may question whether you must approach a sharp prospect sitting across from you. You are in the **NO EXCUSE ZONE**. This is your defining moment. Just do it, daily! See you at the top in 90 days!

90-Day Run Tracking Sheet

Points	1	1	2	2	2	2+	3	3	2-4	1			
Week 3	New Exposures	Follow Ups	3-ways	LD Packs	Sit Downs	Briefing/ Lunch Attend - 2 Guest - 2 ea.	PBR	PCC	Trainings Basic - 2 SS - 4 Other - 2	Team Call	Total	Sales	Recruits
DAY 15													
DAY 16													
DAY 17													
DAY 18													
DAY 19													
DAY 20													
DAY 21													
Total													

Points	1	1	2	2	2	2+	3	3	2-4	1			
Week 4	New Exposures	Follow Ups	3-ways	LD Packs	Sit Downs	Briefing/ Lunch Attend - 2 Guest - 2 ea.	PBR	PCC	Trainings Basic - 2 SS - 4 Other - 2	Team Call	Total	Sales	Recruits
DAY 22													
DAY 23													
DAY 24													
DAY 25													
DAY 26													
DAY 27													
DAY 28													
Total													

Monthly Bonus

PCQ - 10 pts.

Complete Personal Development Book - 10 pts.

Monthly Total

90-Day Run Tracking Sheet

Points	1	1	2	2	2	2+	3	3	2-4	1			
Week 7	New Exposures	Follow Ups	3-ways	LD Packs	Sit Downs	Briefing/ Lunch Attend - 2 Guest - 2 ea.	PBR	PCC	Trainings Basic - 2 SS - 4 Other - 2	Team Call	Total	Sales	Recruits
DAY 43													
DAY 44													
DAY 45													
DAY 46													
DAY 47													
DAY 48													
DAY 49													
Total													

Points	1	1	2	2	2	2+	3	3	2-4	1			
Week 8	New Exposures	Follow Ups	3-ways	LD Packs	Sit Downs	Briefing/ Lunch Attend - 2 Guest - 2 ea.	PBR	PCC	Trainings Basic - 2 SS - 4 Other - 2	Team Call	Total	Sales	Recruits
DAY 50													
DAY 51													
DAY 52													
DAY 53													
DAY 54													
DAY 55													
DAY 56													
Total													

Monthly Bonus	PCQ - 10 pts. Complete Personal Development Book - 10 pts.	Monthly Total	
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90-Day Run Tracking Sheet

Points	1	1	2	2	2	2+	3	3	2-4	1			
Week 11	New Exposures	Follow Ups	3-ways	LD Packs	Sit Downs	Briefing/ Lunch Attend - 2 Guest - 2 ea.	PBR	PCC	Trainings Basic - 2 SS - 4 Other - 2	Team Call	Total	Sales	Recruits
DAY 71													
DAY 72													
DAY 73													
DAY 74													
DAY 75													
DAY 76													
DAY 77													
Total													

Points	1	1	2	2	2	2+	3	3	2-4	1			
Week 12	New Exposures	Follow Ups	3-ways	LD Packs	Sit Downs	Briefing/ Lunch Attend - 2 Guest - 2 ea.	PBR	PCC	Trainings Basic - 2 SS - 4 Other - 2	Team Call	Total	Sales	Recruits
DAY 78													
DAY 79													
DAY 80													
DAY 81													
DAY 82													
DAY 83													
DAY 84													
Total													

Monthly Bonus

PCQ - 10 pts.

Complete Personal Development Book - 10 pts.

Monthly Total

90-Day Run Tracking Sheet

Points	1	1	2	2	2	2+	3	3	2-4	1			
Week 13	New Exposures	Follow Ups	3-ways	LD Packs	Sit Downs	Briefing/ Lunch Attend - 2 Guest - 2 ea.	PBR	PCC	Trainings Basic - 2 SS - 4 Other - 2	Team Call	Total	Sales	Recruits
DAY 85													
DAY 86													
DAY 87													
DAY 88													
DAY 89													
DAY 90													
Total													

90-Day Goals (July 15) “Finish Line”

- New Recruits (Personal)

- New Sales (Personal)

- Rank/Achievement _____

- Monthly Income Level \$ _____